



**Adrenaline Gymnastics & Training Centre Assumption of Risks, Release & Waiver of Liability.**

**Disclaimer:** Adrenaline Gymnastics and Training Centre is not responsible for any injury (or loss of property) to any person while practicing, training, taking classes, competing, special events, demonstrations or shows, or in any other way involved in gymnastics, preschool, open gym, birthday parties or teams at Adrenaline Gymnastics for any reason whatsoever, including ordinary negligence on the part of elite gymnastics, its owners, officers, agents or employees.

I acknowledge that my participation in AGTC gymnastics, tumbling, parkour, ninja and trampoline games or activities entails known and unanticipated risks that could result in physical or emotional injury, paralysis, death, or damage to myself, to property, or to third parties. I understand that such risks simply cannot be eliminated without jeopardizing the essential qualities of the activity. **The risks include, among other things:** cuts and bruises; falling off of equipment; muscle and joint sprains and strains; broken wrists, ankles and legs; participants falling on each other resulting in broken bones and other serious injuries; double bouncing (more than one person per trampoline) can create a rebound effect causing serious injury; flipping, running and bouncing off the walls can cause serious injury; colliding with or being landed on by jumpers of a different size. AGTC employees have difficult jobs to perform. They seek to create a safe environment, but they are not infallible. They might be unaware of a participant’s health or abilities. They may give incomplete warnings or instructions and the equipment being used might malfunction. Traveling to and from gymnastics, tumbling and trampoline locations raises the possibility of any manner of transportation accidents. **I expressly agree and promise to accept and assume all the risks existing in this activity. My participation in this activity is purely voluntary and I elect to participate despite the risks.** If I and/or my child/ward are injured, I acknowledge that I and/or my child/ward may require medical assistance, which I acknowledge will be at my own expense or the expense of my personal Insurer(s). I hereby represent/affirm that I have adequate insurance to provide coverage for such medical expenses. **I understand and agree that AGTC will not pay for any cost or expenses incurred by me if I and/or my child/ward are injured.** Due to any cause whatsoever, including negligence, breach of contract, or breach of any statutory or other duty of care, including any duty of care owed under the occupiers’ liability act, R.S.O. 1990, c. o. 2 on the part of AGTC and further including the failure on the part of AGTC to safeguard or protect me from the risks, dangers and hazards of AGTC gymnastics, tumbling and trampoline games or activities (hereinafter referred to as “claims”).

I further agree to indemnify and hold harmless AGTC and all other listed for any and all claims arising as a result of my engaging in or receiving instruction in AGTC activities or any activities incidental thereto, whenever, wherever or however the same may occur. I hereby acknowledge and fully understand that Adrenaline Gymnastics may from time to time take photos or videos of classes/programs/events in which my child may be in. I understand and agree that these photos may be used for promotional purposes.

I acknowledge that I have read, viewed or heard the rules governing my participation and/or my child/ward’s participation in any activity at AGTC (the “Adrenaline Gymnastics Rules”). I certify that I understand and have explained the AGTC Rules to my child/ward. I understand that AGTC Rules have been implemented for the safety of all participants at AGTC, including myself and/or my child/ward. I acknowledge that failure to follow the rules could result in the expulsion of myself and/or my child/ward from AGTC.

I affirm that I am of legal age and am freely signing this agreement. I have read this form and fully understand that by signing this form, I agree to the terms and conditions set forth by AGTC for all services and products; and that I am giving up legal rights and or remedies, which may be available to me for the ordinary negligence of AGTC or any person listed above.

By signing this waiver, you also agree to receive our periodical newsletter, cancellation announcements and other information distribution.

*A waiver must be completed and filled out and signed for each participant.*

Participants Name; First: \_\_\_\_\_ Last: \_\_\_\_\_ Participants DOB: \_\_\_\_\_  
Parents Names; Mother: \_\_\_\_\_ Father \_\_\_\_\_  
Referred By:  Website  Advertisement  Friend  Other \_\_\_\_\_  
★ Single Visits Only:  
Street Address: \_\_\_\_\_  
City: \_\_\_\_\_ Prov: \_\_\_\_\_ Postal Code: \_\_\_\_\_  
Email: \_\_\_\_\_

Parent/Guardian Signature:  
(Participants Signature if over 18) \_\_\_\_\_ Date: \_\_\_\_\_